The Elder Futhark

FEHU · CHEAT SHEET

 **Fehu** /f/ · wealth	 **Uruz** /u/ · vitality	 **Thurisaz** /th/ · defense	 **Ansuz** /a/ · wisdom	 **Raidho** /r/ · travel	**Kenaz** /k/ · insight
 **Gebo** /g/ · partnership	 **Wunjo** /w/ · joy	 **Hagalaz** /h/ · chaos	 **Nauthiz** /n/ · need	**Isa** /i/ · stillness	**Jera** /j/y/ · harvest
 **Eihwaz** /ei/ · endurance	 **Perthro** /p/ · fate	 **Algiz** /z/ · protection	 **Sowilo** /s/ · success	**Tiwaz** /t/ · justice	**Berkano** /b/ · growth
 **Ehwaz** /e/ · trust	 **Mannaz** /m/ · self	 **Laguz** /l/ · intuition	 **Ingwaz** /ng/ · potential	 **Dagaz** /d/ · awakening	**Othala** /o/ · ancestry

Three Norns reading

DATE: _____ MOON: _____

My question:

Urðr

what was



Rune:

What it says:

Verðandi

what is becoming



Rune:

What it says:

Skuld

what shall be



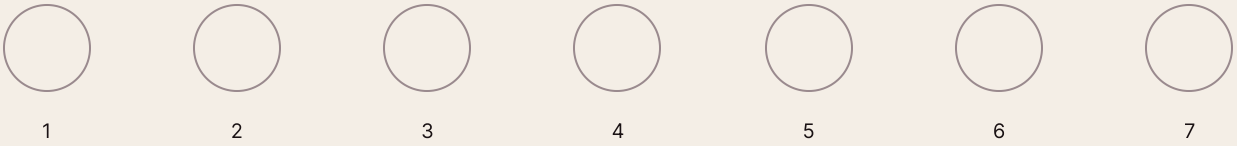
Rune:

What it says:

The rune that surprised me, and why:

Moon tracker

MONTH: _____ YEAR: _____



1 2 3 4 5 6 7



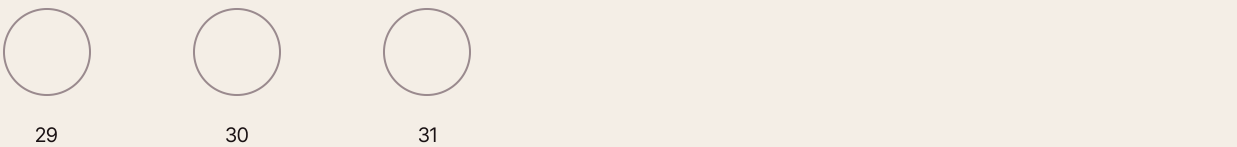
8 9 10 11 12 13 14



15 16 17 18 19 20 21



22 23 24 25 26 27 28



29 30 31

Shade each circle to match the moon. Note your rune of the day under it.

New moon intention:

Full moon release:

My practice, my ethics

READ IT, THEN SIGN IT

1. I work on myself, my space and my situation, not on anyone's free will.
2. Mundane first: magic supports action; it never replaces a doctor, lawyer or therapist.
3. I learn closed and living traditions only from their people, or I leave them be.
4. Runes belong to everyone in good faith. I reject their use for hate.
5. I keep fire, salt, iron and herbs safe for kids, pets and me.
6. I write down what happens, honestly, even when it didn't work.

Signed: _____

Date: _____